

Written instructions given to parents for the Expressed Emotion recordings

We'd like to hear your thoughts and feelings about each of your twins in your own words. Here are your own instructions to help you remember the rules we asked you to stick to.

When you have read all of these instructions and are ready to begin, please turn on the tape machine. Speak for five minutes about one of the twins, and then five minutes about the other. **Please DO NOT turn the machine off until you have completed the five minutes for each child.** This is very important.

Please try to be careful not to compare the twins but to speak about them one at a time. So first of all think and talk about your first born twin only. We would like you to tell us anything about this child, like what kind of person s/he is and how the two of you get along together. Remember no comparisons with your second born twin if you can. Don't worry if you can't think of anything to say for a while. Just leave the tape running for the full five minutes and see if something comes to mind.

Then think and talk about your second born twin **ONLY**. We would like you to tell us anything about this child, like what kind of person s/he is and how the two of you get along together. Remember no comparisons with your first born twin if you can. Don't worry if you can't think of anything to say for a while. Just leave the tape running for the full five minutes and see if something comes to mind.

If you still have questions about what we would like you to do, please ask now. Remember that there should be no reason for you to turn the tape off until the five minutes is up for each child.